

## Weekly Highlight

**Ash Wednesday, February 14**

**6:00-8:00 AM Ashes & Coffee to Go**

Get your ashes and a cup of coffee drive-thru style on your way to work!

**7:00 PM Ash Wednesday Worship**

Experience the hope that rises from the ashes as you begin your Lenten journey. Partake in the imposition of ashes and be comforted by the promise of God's renewal.



# ASH WEDNESDAY

February 14

**Ashes & Coffee To Go**  
6:00-8:00 AM  
In Our Church Parking Lot

**Ash Wednesday Worship**  
7:00 PM

## News and Events

For the latest news and information from Centreville UMC, scan the QR code with your phone camera, or visit [www.centreville-umc.org/news-and-events/](http://www.centreville-umc.org/news-and-events/)



*Scan me with your phone camera!*

## Online Giving

Do you wish to make a gift online today? Use the QR code on the right by scanning it with your phone camera. This will take you to our online giving portal. Thank you for your support of God's work through Centreville UMC!



## CONTACT US

**Office Hours 9-4 M-F**

6400 Old Centreville Road  
Centreville, VA 20121

703.830.2684

[www.centreville-umc.org](http://www.centreville-umc.org)

Facebook & Instagram: **CentrevilleUMC**

**Matthew Smith** | Lead Pastor  
[msmith@centreville-umc.org](mailto:msmith@centreville-umc.org)

**Geitra Mickelson** | Associate Pastor  
[gmickelson@centreville-umc.org](mailto:gmickelson@centreville-umc.org)

**Phil Mohr** | Deacon & Mission Ministries  
[pmohr@centreville-umc.org](mailto:pmohr@centreville-umc.org)

**Music Ministries** | Jason Moon  
[jmoon@centreville-umc.org](mailto:jmoon@centreville-umc.org)

**Children's Ministries** | Joy Rangel  
[jrangel@centreville-umc.org](mailto:jrangel@centreville-umc.org)

**Youth Ministries & Upward Sports** | Sean Gray  
[sgray@centreville-umc.org](mailto:sgray@centreville-umc.org)

**Communications** | Kim Wu  
[kwu@centreville-umc.org](mailto:kwu@centreville-umc.org)

**Centreville Day School** | Diane Formica  
[dayschool@centreville-umc.org](mailto:dayschool@centreville-umc.org) 571-522-1875

**Other Inquiries**  
[receptionist@centreville-umc.org](mailto:receptionist@centreville-umc.org)

The cover image is from canva.com. Used by permission.  
The Ash Wednesday image is from [www.ignitermedia.com](http://www.ignitermedia.com). Used by permission.  
The Opening Prayer is adapted from <https://re-worship.blogspot.com/2011/06/opening-prayer-psalm-89.html>.  
Music acknowledgements: *Hymn to Joy* by Albert L. Travis © 2006 Birnamwood Publications. *God is Our Refuge* by Allen Pote © 1986 Hope Publishing Company. *I Want Jesus to Walk with Me* - adapt. By William Farley Smith © 1989 The United Methodist Publishing House. *His Eye Is on the Sparrow* arr. Carl Haywood © 2017 by GIA Publications. The music is presented with permission under One License A-732009.  
*Let Us Now Depart in Thy Peace* - adapt. Lee Hastings Bristol, Jr., copyright 1961, Concordia Publishing House, cph.org. This piece used by permission.

# COUNTING ON GOD

# 12740

February 11, 2024  
9:30 AM Traditional  
Worship Service

CENTREVILLE  
United Methodist Church



## The Service of Worship

(Please silence electronic devices)

Welcome and Announcements  
Leader: The Lord be with you.  
**People: And also with you.** Rev. Matthew Smith

Prelude  
*Hymn to Joy* Travis  
Laura Hesse, organ

\*Call to Worship (from Psalm 100) Rev. Phil Mohr  
Make a joyful noise to the Lord, all the earth!  
**We will worship the Lord with gladness.**  
Know that the Lord is God.  
**We are God's people, and the sheep of His pasture.**  
Enter God's gates with thanksgiving, and His courts with praise.  
**We will give thanks to God and bless God's holy name.**  
For the Lord is good!  
**God's steadfast love endures forever, and His faithfulness to all generations.**

\*Hymn *God of the Ages* Hymnal No. 698

\*Passing the Peace of Christ

Opening Prayer Rev. Matthew Smith  
**Holy God, Your faithful love towards us never ends! As generations before us have done, we've gathered together to offer You our praise and thanksgiving, and to declare that You are our God, and we are Your people. May Your Spirit be at work among us, opening our eyes to the light of Your presence in this place, that we might go forth and glorify Your holy name. In Christ's name we pray, Amen.**

Anthem *God is Our Refuge* Pote  
Chancel Choir; Jane Nance & Kathy Smith, trumpet

Children Dismissed to Kid's Quest

First Lesson Genesis 7:11-13 Helen Gillikin  
In the six-hundredth year of Noah's life, in the second month, on the seventeenth day of the month, on that day all the fountains of the great deep burst forth, and the windows of the heavens were opened. The rain fell on the earth for forty days and forty nights. On the very same day Noah with his sons, Shem and Ham and Japheth, and Noah's wife and the three wives of his sons, entered the ark.

\*Hymn *I Want Jesus to Walk with Me* Hymnal No. 521

Second Lesson Joshua 5:6-7 Helen Gillikin

For the Israelites travelled for forty years in the wilderness, until all the nation, the warriors who came out of Egypt, perished, not having listened to the voice of the Lord. To them the Lord swore that he would not let them see the land that he had sworn to their ancestors to give us, a land flowing with milk and honey. So it was their children, whom he raised up in their place, that Joshua circumcised; for they were uncircumcised, because they had not been circumcised on the way.

Response  
Leader: The Word of God for the People of God.  
**People: Thanks be to God.**

Sermon "Forty" Rev. Matthew Smith

Pastoral Prayer and Lord's Prayer Rev. Phil Mohr  
**Our Father Who art in heaven, hallowed be Thy Name. Thy kingdom come, Thy will be done on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory, forever. Amen.**

Celebration of Our Giving Rev. Matthew Smith

Offertory *His Eye Is on the Sparrow* arr. Haywood  
Laura Hesse, organ  
Please take a moment to register your attendance in the pew folders.

\*Presentation of Offering/Doxology Hymnal No. 95

\*Prayer of Thanksgiving Rev. Matthew Smith

\*Hymn *O God, Our Help in Ages Past* Hymnal No. 117

\*Benediction Rev. Matthew Smith

\*Benediction Response *Let Us Now Depart in Thy Peace* Hymnal No. 668

Postlude *Vivace* Bruhns  
Laura Hesse, organ

*In honor of Black History Month, today's middle hymn, I Want Jesus to Walk with Me, is attributed to the African-American spiritual tradition. It was adapted for our hymnal by William Farley Smith (1941-1997), a United Methodist musician, composer, educator, and arranger of African American spirituals. The offertory is Carl Haywood's setting of the popular gospel hymn His Eye is on the Sparrow. Dr. Haywood (b. 1949) is a former professor at Norfolk State University and is active as a choral conductor, organist, and composer.*

\* Please stand as you are able for this act of worship.



## Weekly Highlight

### Ash Wednesday, February 14

#### 6:00-8:00 AM Ashes & Coffee to Go

Get your ashes and a cup of coffee drive-thru style on your way to work!

#### 7:00 PM Ash Wednesday Worship

Experience the hope that rises from the ashes as you begin your Lenten journey. Partake in the imposition of ashes and be comforted by the promise of God's renewal.



# ASH WEDNESDAY

## February 14

Ashes & Coffee To Go  
6:00-8:00 AM  
In Our Church Parking Lot

Ash Wednesday Worship  
7:00 PM

## News and Events

For the latest news and information from Centreville UMC, scan the QR code with your phone camera, or visit [www.centreville-umc.org/news-and-events/](http://www.centreville-umc.org/news-and-events/)



*Scan me with your phone camera!*

## Online Giving

Do you wish to make a gift online today? Use the QR code on the right by scanning it with your phone camera. This will take you to our online giving portal. Thank you for your support of God's work through Centreville UMC!



## CONTACT US

### Office Hours 9-4 M-F

6400 Old Centreville Road  
Centreville, VA 20121

703.830.2684

[www.centreville-umc.org](http://www.centreville-umc.org)

Facebook & Instagram: [CentrevilleUMC](#)

**Matthew Smith** | Lead Pastor  
[msmith@centreville-umc.org](mailto:msmith@centreville-umc.org)

**Geitra Mickelson** | Associate Pastor  
[gmickelson@centreville-umc.org](mailto:gmickeleson@centreville-umc.org)

**Phil Mohr** | Deacon & Mission Ministries  
[pmohr@centreville-umc.org](mailto:pmohr@centreville-umc.org)

**Music Ministries** | Jason Moon  
[jmoon@centreville-umc.org](mailto:jmoon@centreville-umc.org)

**Children's Ministries** | Joy Rangel  
[jrangel@centreville-umc.org](mailto:jrangel@centreville-umc.org)

**Youth Ministries & Upward Sports** | Sean Gray  
[sgray@centreville-umc.org](mailto:sgray@centreville-umc.org)

**Communications** | Kim Wu  
[kwu@centreville-umc.org](mailto:kwu@centreville-umc.org)

**Centreville Day School** | Diane Formica  
[dayschool@centreville-umc.org](mailto:dayschool@centreville-umc.org) 571-522-1875

**Other Inquiries**  
[receptionist@centreville-umc.org](mailto:receptionist@centreville-umc.org)

The cover image is from [www.canva.com](http://www.canva.com). Used by permission.

The Ash Wednesday image is from [www.ignitermedia.com](http://www.ignitermedia.com). Used by permission.

Music acknowledgements: *Hymn to Joy* by Albert L. Travis © 2006 Birnamwood Publications. *God is Our Refuge* by Allen Pote © 1986 Hope Publishing Company. *I Want Jesus to Walk with Me* - adapt. By William Farley Smith © 1989 The United Methodist Publishing House. *Let Us Break Bread Together* setting by Albert Zabel © 2008 Hope Publishing Company. *His Eye Is on the Sparrow* arr. Carl Haywood © 2017 by GIA Publications. The music is presented with permission under One License A-732009.

*Let Us Now Depart in Thy Peace* - adapt. Lee Hastings Bristol, Jr., copyright 1961, Concordia Publishing House, cph.org. This piece used by permission.

# COUNTING ON GOD

# 12740

February 11, 2024  
11:00 AM Relaxed Traditional  
Worship Service

CENTREVILLE  
United Methodist Church



## The Service of Worship

(Please silence electronic devices)

Prelude *Hymn to Joy* Travis  
Laura Hesse, organ

Welcome and Announcements Rev. Matthew Smith  
Leader: The Lord be with you.  
**People: And also with you.**

\*Hymn *God of the Ages* Hymnal No. 698

\*Passing the Peace of Christ Rev. Matthew Smith

Children Dismissed to Kids Quest

Congregational Prayer/The Lord's Prayer Rev. Phil Mohr  
Leader: Lord in your mercy,  
**People: Hear our prayer.**

**Our Father Who art in heaven, hallowed be Thy Name. Thy kingdom come, Thy will be done on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory, forever. Amen.**

First Lesson Genesis 7:11-13 Jane Moschenrose

\*Hymn *I Want Jesus to Walk with Me* Hymnal No. 521

Second Lesson Joshua 5:6-7 Jane Moschenrose

Response  
Leader: The Word of God for the People of God.  
**People: Thanks be to God.**

Sermon "Forty" Rev. Matthew Smith

A Service of Word and Table  
The Great Thanksgiving  
The Lord be with you.  
**And also with you.**  
Lift up your hearts.  
**We lift them up to the Lord.**  
Let us give thanks to the Lord our God.  
**It is right to give our thanks and praise.**

*The pastor gives thanks, remembering God's acts of salvation, and concludes:*  
And so, with Your people on earth and all the company of heaven  
We praise Your name and join their unending hymn:

**Holy, Holy, Holy Lord, God of power and might,  
Heaven and earth are full of Your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

*The pastor continues the thanksgiving and concludes:*  
And so, in remembrance of these Your mighty acts in Jesus Christ,  
We offer ourselves in praise and thanksgiving  
as a holy and living sacrifice,  
in union with Christ's offering for us,  
as we proclaim the mystery of faith.

**Christ has died; Christ is risen; Christ will come again.**

*The pastor invokes the work of the Holy Spirit and the Trinity and concludes:*  
Make them be for us the body and blood of Christ, that we may be for the  
world the body of Christ, redeemed by His blood.

**Amen.**

Giving the Bread and Cup  
Communion Meditation *Let Us Break Bread Together* arr. Zabel

Celebration of Our Giving Rev. Phil Mohr

Offertory *His Eye Is on the Sparrow* arr. Haywood  
Laura Hesse, organ  
*Please take a moment to register your attendance in the pew folders.*

\*Presentation of Offering/Doxology Hymnal No. 95

\*Hymn *O God, Our Help in Ages Past* Hymnal No. 117

\*Benediction Rev. Matthew Smith

\*Benediction Response *Let Us Now Depart in Peace* Hymnal No. 668

Postlude *Vivace* Bruhns  
Laura Hesse, organ

*In honor of Black History Month, today's middle hymn, I Want Jesus to Walk with Me, is attributed to the African-American spiritual tradition. It was adapted for our hymnal by William Farley Smith (1941-1997), a United Methodist musician, composer, educator, and arranger of African American spirituals. The offertory is Carl Haywood's setting of the popular gospel hymn His Eye is on the Sparrow. Dr. Haywood (b. 1949) is a former professor at Norfolk State University and is active as a choral conductor, organist, and composer.*

\* Please stand as you are able for this act of worship.

# My 2024 Lenten Observance Covenant

This season of preparation for Easter is a time for forming holy habits, of taking on something or giving up something to draw closer to Christ. Lent extends for 40 days from Ash Wednesday to Easter Sunday, excluding Sundays.

## INWARD AND PERSONAL DISCIPLINES

- Spend time in prayer each day, focusing my prayers on giving thanks rather than making requests.
- Ask God to help me resist temptations and to give me strength in opposing them.
- Read Scripture daily. (We suggest the Gospel of Mark as a starting point.)
- Keep a journal of questions and thoughts regarding your daily scripture reading.
- Participate in a study during Lent:

The Gospel of Mark, led by  
Rev. Phil Mohr on Tuesdays  
10:00-11:30 AM  
February 13-March 19  
In person or on Zoom

"Feeding on the Word," a young  
adult (ages 18-35) study on  
Sundays 12:30-2:00 PM  
February 18-March 24  
In person



Sign up for a study.

- Read the Lenten Devotional each day during Lent. (Copies are at the Welcome Center or sign up to receive a one-time PDF copy of the devotions in your email inbox using this QR code.)



Receive devotions PDF.

- Grow deeper in my faith by reading, "Mere Christianity" by C.S. Lewis or "More Than a Carpenter" by Josh McDowell.
- Fast (refrain from food) for one meal or day each week, or fast from TV, phone, internet, or other material pleasures for a set time per day or one day per week.
- Refrain from criticism and control my language.
- Give up one habit or item : \_\_\_\_\_.
- Make a list of people with whom I need to be reconciled. Pray for them and let Jesus guide me in my thoughts and feelings toward them.
- Forgive someone, or myself, for a hurt inflicted.
- Take one hour to inventory my priorities and plan how I will reorder them in light of my faith.
- Declutter my phone from apps that take away from work, family, and personal spiritual health, or declutter other areas of my life, such as my home or workplace.
- Say "NO" to something that is a waste of money and/or time.
- Attend Worship weekly.
- Other: \_\_\_\_\_

## OUTWARD AND SOCIAL DISCIPLINES

- \_\_\_ Write a letter of affirmation once a week to a person who has touched my life.
- \_\_\_ Contact a "shut-in" neighbor or church member weekly.
- \_\_\_ Give blood, remembering Jesus shed His blood for me on the cross.
- \_\_\_ Bring non-perishable food and place it in the food baskets in the lobby.
- \_\_\_ Participate in an act of justice for others.
- \_\_\_ Decide to become a member of the church. Contact the church office.
- \_\_\_ Refrain from "one use" plastics and attempt to reduce waste.
- \_\_\_ Take on some loving task: \_\_\_\_\_.

Serve at CUMC in one of these ways:

- \_\_\_ Volunteer with CUMC's Hunger Ministries.



- \_\_\_ Prepare and serve food at the Hypothermia Shelter on March 6 or 7.



- \_\_\_ Participate in a mission trip.



- \_\_\_ Be a prayer partner for a mission trip participant.



- \_\_\_ Serve in worship (Altar Guild, Scripture reader, Communion Steward or Server, Sunday morning Welcome Team, or assist in creating worship experiences)



- \_\_\_ Sign up to be an election host on March 5. Greet voters with a welcoming smile and tasty treats as they come into our building to vote.



## TO HELP ME ALONG MY LENTEN JOURNEY

- \_\_\_ I will privately vow with God to be faithful to this plan.
- \_\_\_ I will share my Lenten Observance Plan with a friend and share with that person my experience of Lent during Holy Week.
- \_\_\_ I will share my Lenten Observance Plan for Lent with a group I meet with.

(signed) \_\_\_\_\_

(date) \_\_\_\_\_



CENTREVILLE  
United Methodist Church

703-830-2684

[www.centreville-umc.org](http://www.centreville-umc.org)