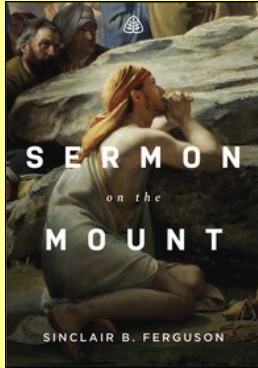


# Journey Adult Christian Education Classes, Fall 2020

All classes will be offered by Zoom. To register, visit [www.centreville-umc.org](http://www.centreville-umc.org). Once registered, you will be sent a link for the Zoom meetings. The books will be available for purchase from the church office. If you have any questions, contact Rev. Marti Ringenbach at [mringenbach@centreville-umc.org](mailto:mringenbach@centreville-umc.org).

|  |   |   |   |  |   |   |   |   |   |
|--|---|---|---|--|---|---|---|---|---|
|  |  |  |  |  |  |  |  |  |  |
| <b>The Sermon On The Mount</b>   | <b>The Epic of Eden: Jonah</b>  | <b>A Bead and a Prayer</b>  | <b>Right Here Right Now</b>   | <b>Holy Disunity</b>   | <b>Social Justice Discussion</b>  | <b>Way of Life</b>  | <b>The Generosity Challenge</b>   | <b>Mary Had A Baby</b>  | <b>Making Room</b>  |
| By Sinclair Ferguson   | By Sandra Richter   | By Kristen Vincent  | By Amy Oden   | By Layton Williams   | —   | By Brian McLaren  | By Scott McKenzie & Kristine Miller   | By Cheryl Kirk-Duggan & Marilyn Thornton  | By Ed Robb  |
| Led by Diane Pauling   | Led by Kitty Stapleton  | Led by Kim Wu<br>(A small group for women)  | Led by Rev. Marti Ringenbach (Mon)<br>Cindy Osborn & Margaret Welker (Wed)        | Led by Rev. Phillip Moschenrose (Tues)<br>TBD (Wed)                                | Led by Rev. Will Montgomery and Rev. Marti Ringenbach                               | Led by Rev. Will Montgomery   | Led by Bob & SunHee Kohari (Sun)<br>Bob Kohari & Ray Leonard (Wed)<br>TBD (Thurs)   | Led by Rev. Marti Ringenbach  | Led by Rev. Will Montgomery   |
| Aug. 2—Sep. 27   | Sep. 6—Oct. 25  | Sep 9-30  | Sep. 14—Oct. 28   | Oct. 6—Nov. 11   | Nov. 17   | Oct. 29—Nov. 19   | Oct. 1—28   | Nov. 30—Dec. 21   | Nov. 29—Dec. 20   |
| Sun. 10:30 AM  | Sun. 10:30 AM   | Wed. 7:15 PM  | Mon. 10:00 AM or<br>Wed. 7:00 PM  | Tues. 10:00 AM<br>Wed. 7:00 PM   | 7:00 PM   | Thur. 7:00 PM   | Sun. 10:30 AM<br>Wed. 10:00 AM<br>Thurs. 7:00 PM                                    | Mon. 10:00 AM   | Sun. 7:00 PM  |
| 9 Weeks  | 8 Weeks   | 4 Weeks   | 6 Weeks   | 6 Weeks  | 1 Week  | 4 Weeks   | 4 Weeks   | 4 Weeks   | 4 Weeks   |
| Book \$10  | Book \$17   | Book \$9  | Book \$11   | Book \$14  | —   | Participant Guide \$9<br>Book (optional) \$12                                       | Book \$10   | Book \$14   | Book \$12   |

# Journey Adult Christian Education Classes Fall 2020



## The Sermon On The Mount

By Sinclair Ferguson

Led by Diane Pauling

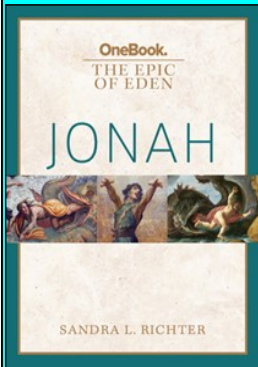
Aug. 2—Sep. 27

Sun. 10:30 AM

9 Weeks

Book \$10

In the face of scorn and disbelief, Jesus Christ announced His kingdom. In the face of hatred and death, He demonstrated its power. Dr. Sinclair B. Ferguson explains how the Sermon on the Mount equips us to live in a fallen world. He highlights Christ's exhortations to live counter-culturally, to examine the deeper implications of God's law, and to rest in the knowledge of God as Father as the cure for all our anxieties. "And when Jesus finished these sayings, the crowds were astonished at his teaching, for he was teaching them as one who had authority, and not as their scribes."



## The Epic of Eden: Jonah

By Sandra Richter

Led by Kitty Stapleton

Sep. 6—Oct. 25

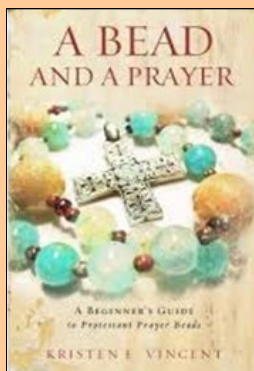
Sun. 10:30 AM

8 Weeks

Book \$17

When most people think about the book of Jonah, they think about a children's story. Others think about a story they've heard so many times there could not possibly be anything new to learn from it. Well strap in, because this study is designed to prove all those assumptions wrong!

In *The Epic of Eden: Jonah*, Dr. Sandra Richter takes us on a journey through Jonah's life that leads us all to the place where we realize that our God is way bigger than we thought. Are we willing to let God be God, to move us out of our comfort zones, and embrace a calling that might just take us to the edges of the world we know?



## A Bead and a Prayer

By Kristen Vincent

Led by Kim Wu

Sep 9-30

Wed. 7:15 PM

4 Weeks

Book \$9

*A Bead and a Prayer* introduces Protestant prayer beads to Christians who have no experience in praying with beads. Author Kristen Vincent explores the history and art of using beads in prayer, explains how to use prayer beads, includes instructions for making your own set of prayer beads, and offers a variety of prayers. Through this book you will learn how prayer beads can help you deepen your faith, understand Christian beliefs, and listen to God. A wonderful hands-on way for individuals and groups to grow in their prayer life! (*This is a small group for women only.*)

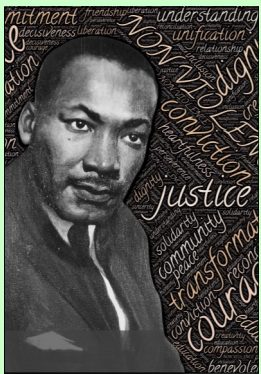
# Journey Adult Christian Education Classes Fall 2020

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|--|---|--|
|    | <p><b>Right Here Right Now</b><br/>           By Amy Oden<br/>           Led by Rev. Marti Ringenbach (Mon)<br/>           Cindy Osborn &amp; Margaret Welker (Wed)<br/>           Sep. 14—Oct. 28<br/>           Mon. 10:00 AM or Wed. 7:00 PM<br/>           6 Weeks<br/>           Book \$11</p> | <p>What is normal now? Everything has changed. How do I find my center again and put my trust in God? This study reveals the Christian roots of mindfulness and the actual practices that, when reclaimed, deepen the life of faith and the power of our mission of love in the world. When we understand how radical it is to live in God’s presence right here, right now, our lives are transformed toward mercy, justice and abundant life.</p>  |
|   | <p><b>Holy Disunity</b><br/>           By Layton Williams<br/>           Led by Rev. Phillip Moschenrose (Tues)<br/>           TBD (Wed)<br/>           Oct. 6—Nov. 11<br/>           Tues. 10:00 AM<br/>           Wed. 7:00 PM<br/>           6 Weeks</p>   | <p>These days, there’s no dirtier word than “divisive,” especially in religious and political circles. Claiming a controversial opinion, talking about our differences, even sharing our doubts can be seen as threatening to the goal of unity. But what if unity shouldn’t be our goal? In <i>Holy Disunity: How What Separates Us Can Save Us</i>, Layton E. Williams proposes that our primary calling as humans is not to create unity but rather to seek authentic relationship with God, ourselves, one another, and the world around us. And that means actively engaging those with whom we disagree.</p> |
|  | <p><b>Way of Life</b><br/>           By Brian McLaren<br/>           Led by Rev. Will Montgomery<br/>           Oct. 29—Nov. 19<br/>           Thur. 7:00 PM<br/>           4 Weeks<br/>           Participant Guide \$9<br/>           Book (optional) \$12</p>                                    | <p>In <i>Way of Life</i>, Brian McLaren lays out a strategy for how Christian believers can save the faith through spiritual migration in which a system of beliefs is exchanged for a way of life of love. The 4-session study of his book aims to help Christians discover a better way to be a Christian.</p>   |

# Journey Adult Christian Education Classes Fall 2020

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|    | <p><b>The Generosity Challenge</b></p> <p>By Scott McKenzie &amp; Kristine Miller</p> <p>Bob &amp; SunHee Kohari (Sun)<br/>           Bob Kohari &amp; Ray Leonard (Wed)<br/>           TBD (Thurs)<br/>           Oct. 1—28</p> <p>Sun. 10:30 AM, Wed. 10:00 AM,<br/>           Thurs. 7:00 PM</p> <p>4 Weeks</p> | <p>The Generosity Challenge - Have you ever stopped to consider how John 3:16 is an example of God's generosity? "For God so loved the world, that he gave his one and only Son, that whoever believes in Him shall not perish but have eternal life." God loved and God gave. This four week journey will follow along with our October sermon series as we focus on generosity that is "grounded in gratitude", "revealed through prayer" and "sealed by faith." The companion book includes daily challenges, including self-assessments, questions for reflection, journaling prompts, and prayers.</p> |
|   | <p><b>Mary Had A Baby</b></p> <p>By Cheryl Kirk-Duggan &amp; Marilyn Thornton</p> <p>Rev. Marti Ringenbach</p> <p>Nov. 30—Dec. 21</p> <p>Mon. 10:00 AM</p> <p>4 Weeks</p> <p>Book \$14</p>   | <p>This year Advent will be different. Maybe a different perspective in an advent study is what you are seeking. Join Pastor Marti for an Advent Bible Study Based on African American Spirituals. Mary Had a Baby has four sessions which include Scripture, song lyrics, devotional and contextual information, and discussion questions to stimulate deepening faith and a sense of community. The four spirituals featured in Mary Had a Baby are "Mary Had a Baby," "Rise Up Shepherd and Follow," "Children, Go Where I Send Thee," and "Go, Tell It on the Mountain."</p>                            |
|  | <p><b>Making Room</b></p> <p>By Ed Robb</p> <p>Led by Rev. Will Montgomery</p> <p>Nov. 29—Dec. 20</p> <p>Sun. 7:00 PM</p> <p>4 Weeks</p> <p>Book \$12</p>  | <p>Learn how to make room in your heart for God and neighbor this Christmas.</p> <p>This four-week study explores the warmth of welcome at Christmas following interactions with the Holy Family, the shepherds, and the magi. The story of Christ's birth encourages us to widen our borders and increase our sense of community—and make room for others.</p>   |

# Journey Adult Christian Education Classes Fall 2020



## Social Justice Discussion

Led by Rev. Will Montgomery and  
Rev. Marti Ringenbach

Nov. 17

7:00 PM

1 Week

Let's talk about the elephant in the room... race relations. As much as we might not want to admit to ourselves, we struggle with understanding the challenges faced by men and women of color in our society. We want to understand, we want to know what to say to our friends and neighbors without causing hurt or insult, we want things to be different. Educating ourselves is the first step. Watch a movie or documentary or read a suggested book and join the discussion.

### Movies:

Just Mercy (Apple TV)

13<sup>th</sup> (Netflix)

American Son (Netflix)

When They See Us (Netflix)

Crash (Apple TV)

Selma (Apple TV)

### Books:

Just Mercy by Bryan Stevenson

How to be an Antiracist by Ibram X. Kendi

Stamped from the Beginning: The Definitive History of Racist Ideas in America by Ibram X. Kendi

The New Jim Crow by Michelle Alexander

The Cross and the Lynching Tree by James Cone

Yellow: Race in America Beyond Black and White by Frank Wu