



FALL IN LOVE WITH CUMC











Fall Planning Guide 2024



Fall in Love with Centreville UMC

The approach of fall often brings with it a sense of renewed purpose and intentionality. With summer behind us, we are ready to get into some new routines and make some changes for the better in our lives.

What about your spiritual life? Is God calling you to make some changes to help you draw closer in your relationship to God? Are you feeling a nudge to take the next step and sign up for a class or a small group? Are you looking for a sense of community and wanting to connect with others? We hope you will spend some time looking through this Fall Planning Guide and will prayerfully consider how you can take the next step in your walk of faith.

Pizza with the Pastors

September 22, October 20, or November 17 12:15 PM in the Office Conference Room

If you are new to Centreville UMC, or if you have been here a while and want to get to know us better, we invite you to join our pastors for a pizza lunch. This also serves as the primary information session for those interested in joining the church and for those who wish to be baptized. Please attend one of these sessions if you are interested in membership or baptism.

Childcare is available upon request.



Table of Contents

Worship 4

Our fall sermon series, Blessing of the Animals Service

Music Ministry 6

Vocal and handbell rehearsal times and schedules

Fellowship & Fun 8

Tacos & Trivia, Dinner for 8, Crafts & Conversation, Knitting Nights (& Crochet)

Grow: Short Term Studies 10

John: The Gospel of Light and Life; First Corinthians: Living Love When We Disagree; Deepening Our Prayer: The Heart of Christ

Grow: Ongoing Groups 12

Wesleyan Class Meeting; Book Club; Men's, Women's, and Covenant Groups

Men 13

United Methodist Men Studies, Groups, and Gatherings

Women 14

MOMS group, Wednesday Bible Study, Retreat, United Women in Faith Events

Young Adults 17

Young Adults Fellowship, Young Adults Bible Study

Youth 18

Youth Events and College Care Ministry

Children 20

Kids Quest, Nursery care, 3rd Grade Bibles, Bible Exploration, Trunk or Treat

Children's Ministry Groups 21

Centreville Day School, Upward Basketball, Scouting

Missions 22

GRACE Ministries, Library Distribution, Facets Hot Meals Delivery, UFOs, Holiday Baskets, New Hope Fellowship, ESL Classes, US Citizenship Classes, Centre Ridge Partnership, Holistic Haitian Alliance, Missionaries We Support

Care Ministries 26

Aging Gracefully, Prayer Ministry, Home Communion Visitation, Vaccine Clinic

Serving Your Church 28

Altar Guild, AV Tech, Children's Ministry, Coffee Ministry, Communion Stewards & Servers, Sunday Morning Welcome Team, Coffee Ministry, Funeral Support, Scripture Readers, Special Event Planners/Helpers, Sunday Morning Welcome Team



Fall Sermon Series

Method to the Madness

September 8-22

The world can feel crazy. How do you find your way? How do you structure your life, and make sense of the world around you? Methodists have a method to respond to the madness, a way to structure our lives and faith in response to the human condition and the grace of God. Join us starting September 8 as we look at some of the central tenets of the Methodist denomination and how they can help us find our way.

Make it Count!

October 6-November 3

How are you making your life count? Are you living a life of intentionality, to make an impact on the world? How do we make the most of our lives, even if the life we have been given is not the life we imagined? Let's talk about our time and our choices, and how we can live a life that counts!

Spoonful of Sugar: A Series on Kindness November 10-24

Division and polarization is everywhere in our country and in our communities. What the world needs is Christ-like kindness. Kindness is the most important behavior we can exhibit as we work to de-polarize our communities and love our neighbors as Christ loves us. We will explore the scriptural call to bless others, and wrestle with what this looks like in our day-to-day lives.

Blessing of the Pets Service

October 2 at 7:00 PM

God loves and cares for all of creation, and so does Centreville UMC.

You and your pets are invited to join us for a brief outdoor service in our courtyard that will end with each animal being blessed by a pastor and receiving a special gift. For the safety of all, pets should be kept on leashes, or in cages as appropriate.



One Worship Service on October 20 at 10:00 AM

Featuring a Newly-Composed Anthem for Combined Choirs

We are having only one worship service on October 20 so we can all join together for a reception as we celebrate a significant milestone in the life of our church: Laura Hesse's 25th anniversary in CUMC Music Ministry.

Music Ministry

Vocal Choirs

All are welcome to join a vocal choir at CUMC.



Chancel Choir (Adult Choir Sings Weekly at 9:30 Service)

Director: Jason Moon

Rehearsal: Thursday 7:45-9:15 PM

Start Date: August 29

Seraphim Singers (Adult Choir Sings Monthly at 11:00 Service)

Director: Jason Moon

Rehearsal: 2nd Tuesday 7:00-8:00 PM

Start Date: September 10

Voices In Praise (VIP) (Youth Choir for Grades 7-12)

Director: Laura Hesse

Rehearsal: Wednesday 7:00-8:00 PM

Start Date: September 4

Carol Choir (Children in Grades 3-6)

Director: Laura Hesse

Rehearsal: Sunday 4:30-5:15 PM

Start Date: September 8

Cherub Choir (Children in Grades K-5)

Directors: Esther Lee & Mallory Cummings

Rehearsal: Sunday 4:30-5:15 PM

Start Date: September 8



Handbell Choirs

We have two beginner handbell choirs that are open to everyone. If you are an experienced ringer, contact Music Director Jason Moon about joining one of our advanced handbell choirs.

Agape Ringers for Adults (Beginners)

Director: Bev Bissell

Rehearsal: Wednesday 7:15-8:15 PM

Start Date: September 11

Good News Ringers for Adults (with Ringing Experience)

Director: Jason Moon

Rehearsal: Thursday 6:30-7:30 PM

Start Date: August 29

Rejoicing Ringers for Grades 3 and Up (Beginners)

Director: Esther Lee

Rehearsal: Sunday 5:20-6:00 PM

Start Date: September 8

Joyful Noise Ringers for Grades 4+ (with Ringing Experience)

Director: Laura Hesse

Rehearsal: Sunday 5:20-6:00 PM

Start Date: September 8

Jubilation Ringers (Youth with Ringing Experience)

Director: Jason Moon

Rehearsal: Sunday 5:00-6:00 PM

Start Date: September 8

Praise Band & Instrumentalists

Interested in joining our Praise Band, which plays at the 11:00 worship service once a month? Contact Adam Weisz at adam.weisz@gmail.com. Rehearsals are Mondays 6:00-9:00 PM as needed.

Instrumentalists interested in playing solos, participating in ensembles, or playing with a vocal choir should contact Laura Hesse at lhesse@centreville-umc.org.

Contact: Jason Moon, Director of Music Ministry imoon@centreville-umc.org

Fellowship & Fun



Tacos & Trivia Tuesday

Tuesday, September 24 5:30-7:30 PM

Brush up on your trivia knowledge because we are hosting a Tacos & Trivia Tuesday! Come enjoy the night off from cooking, and engage in some friendly competition! People of all ages are invited to attend; questions for a wide range of ages will be included. Cost is \$5 per person, to be paid at the door.

Dinner for 8

Would you like to meet fellow parishioners of CUMC in a small group setting, share a meal together, and build relationships? If so, Dinner for 8 is for you.

Groups of 8 adults will be formed, based on those who have signed up. Groups may be comprised of couples, singles, or a mix of the two. You don't have to be a member of the church to sign up; everyone is invited to participate!

Each group is asked to meet for dinner together approximately once a month (September, October, November, and January). Meals are hosted in participants' homes, at local restaurants, or wherever the group decides. Each member or couple hosts one meal per 4-month rotation.

This is primarily an adult activity, but each group can determine what works best for the families involved.

The deadline for signing up is September 9.

Groups will be formed and notified by September 13, so they can schedule their September dinner.

Contact: Pastor Geitra Mickelson

8 gmickelson@centreville-umc.org

Crafts & Conversation

Saturday, September 21 & Saturday, November 16 10:00AM-2:00PM

Bring a craft of your choosing and spend a few hours with others, enjoying your creative side!
Families are welcome to attend; bring an age-appropriate craft.
Coffee and hot chocolate will be provided. Bring your lunch or order out.



Knitting Nights (& Crochet)

Mondays at 7:00 PM in the Office Conference Room Beginning September 9

Come knit or crochet with us! This is a yarn ministry, filled with yarn-loving people who enjoy creating things for missions. We make hats for the unhoused, as well as baby items for new moms. No knitting experience required. We can teach you! Contact Laura Hesse with questions. Ihesse@centreville-umc.org



International Potluck

Sunday, October 6

In honor of World Communion Day, we are having an international potluck during the Sunday morning Food & Fellowship time. Everyone is invited to bring an international dish to share.



John: The Gospel of Light and Life by Adam Hamilton

A 7 Week Bible Study for Adults Tuesdays 7:00-8:30 PM on Zoom September 10-October 22

Leader: Dave Welker

verses in the New Testament.

Book Cost: \$16

The Gospel of John is the most deeply spiritual of the four gospels, and is filled with rich images and profound truths. You'll follow the life, ministry, death, and resurrection of Jesus through the Gospel of John and understand the context of some of the best-known

First Corinthians: Living Love When We Disagree by Melissa Spoelstra

A 6 Week Bible Study for Women Wednesdays 10:00-11:30 AM in Room 212/214 September 11-October 23

Leader: Pastor Geitra Mickelson Book Cost: \$12

How can we work out our differences and disagreements with humility and grace, always showing the love of Christ, while still remaining true to what we believe? In this sixweek study we will explore Paul's first letter to the Corinthians to learn how we as Christians are to deal with differences and divisions--whether in the workplace, neighborhood, school, home, social media community, or church.

Free childcare is available for this study.

Deepening Our Prayer: The Heart of Christ

A 6 Week Bible Study for Young Adults (age 18-35) Sundays 12:30-2:00 PM in Room 216 September 15-October 27

Leader: Garrett Youmans Book Cost: \$10



From the Companions in Christ series, this study is a guided experience of various classic forms and styles of prayer. Discover new dimensions of prayer, try fresh ways of opening to God, and learn what it means to practice the presence of God.



Other Study Opportunities

Check out our Men's page (page 13) and Women's pages (pages 14-15) to learn about other study groups. These small groups welcome newcomers, and they are a great way to connect and learn together!

Contact: Pastor Geitra Mickelson gmickelson@centreville-umc.org

GrowOngoing Groups

Spiritual growth happens best in a small group.

Wesleyan Class Meeting

Thursdays from 11:30AM - 12:30 PM on Zoom Contact: Kim Wu kwu@centreville-umc.org

Are you feeling overloaded with information about being a Christian yet lacking in inspiration to live as a Christian? Do you want a deeper relationship with God and others? This group is focused on transformation and relationships rather than information, as they engage in conversations about the state of their souls, how they are experiencing God in their lives, and encouraging one another in discipleship.

Covenant Groups

Covenant groups are small, close-knit faith groups that require greater commitment and accountability. If you are interested in exploring options for a covenant group, contact Pastor Geitra at gmickelson@centreville-umc.org.



For men's ongoing groups, see page 13.

For women's ongoing groups, see pages 14-16.

Book Club: Discussing Works of Fiction Through the Lens of Your Faith

Monthly on Sundays at 7:00 PM on Zoom Contact: Mirene Capili mirenecap@yahoo.com

September 15: Anxious People by Frederic Backman

October 13: Mystery Guest (The Maid Book 2) by Nita Prose

November 17: Heaven and Earth Grocery Store by James McBride

Contact: Pastor Geitra Mickelson

12 gmickelson@centreville-umc.org



United Methodist Men's Groups

Friday Morning Men's Fellowship Breakfast

Fridays at 7:30 AM at Centreville IHOP



New Covenant Men's Bible Study Group

1st & 3rd Mondays

Contact: Corey Peters cxpeters42@gmail.com

Old Men's Group (OMG) Nurturing Spiritual Growth & Networking

Contact: Marshall Danzler mdantz9178@aol.com

1st & 3rd Wednesdays - 9:00 AM Breakfast at a local restaurant 2nd & 4th Wednesdays - 9:30 AM

Study/dialogue in person or on Zoom (hybrid)

Currently studying Twelve Extraordinary Women of the Bible

5th Wednesdays 9:30 AM

Travelogue or Field Trip in person/Zoom (hybrid)

Saturday Morning Men's Bible Study

Meets monthly (usually 1st Saturday) at 8:30 AM

In person or on Zoom (hybrid)

Contact: Jay Moughon moughonjc@aol.com

Currently studying the Gospel of John

Potluck Breakfast with Korean UMC of Koinonia (KUMC-K)

Stay tuned for further information on this event.

Contact: Dick Formica, United Methodist Men President rp4mica@gmail.com



MOMS Group

Are you fully in your Mom Era, but still craving the fun and connection you had in your days of attending youth group? Mothers Offering Mothers Support (MOMS) is a group for moms of littles that meets twice a month.

Playdate fun (with childcare) happens the first Saturday of each month in the chapel from 10:00-11:30 AM.

Sign up for playdate fun here:

naria

The group meets a second time each month for some grownup fun. Contact Jane Nance to learn more janecasenance@gmail.com

First Corinthians: Living Love When We Disagree by Melissa Spoelstra

A 6 Week Bible Study for Women Wednesdays 10:00-11:30 AM in Room 212/214 September 11-October 23

Leader: Pastor Geitra Mickelson

How can we work out our differences and disagreements with humility and grace, always showing the love of Christ, while still remaining true to what we believe? In this six-week study we will explore Paul's first letter to the Corinthians to learn how we as Christians are to deal with differences and divisions-whether in the workplace, neighborhood, school, home, social media community, or church.

Free childcare is available for this study.

Ongoing Women's Small Groups

Interested in meeting with other women for study & connection? Check out one of these groups!

Beloveds

Mondays at 7:00-8:30 PM on Zoom

Contact: Denise Tillema dtillema@escgov.com

Companions in Christ

Thursdays at 6:00 PM on Zoom

Contact: Sue Flom sue2.flom@gmail.com

Women of the Well

Wednesdays at 7:00 PM on Zoom

Contact: Barbara Tribit brbrtrbt@gmail.com

Women's Special Event

Women's Day Retreat - Rest, Renew, Rejoice!

October 19 9:30AM-3:30 PM



Join us for this one-day retreat at the Benedictine Monastery in nearby Bristow, VA. Enjoy the company of other women of CUMC, the beauty and serenity of the monastery grounds, and experience spiritual renewal.

Our scriptural focus for the retreat is "I praise you, for I am fearfully and wonderfully made!" (Psalm 139:14) We will have time for worship, teaching, small group interaction, individual reflection time, and time to use our creativity to connect with our Divine Creator. There will also be time to explore the monastery grounds, including prayer silos and a labyrinth.

Cost (includes lunch and supplies): \$40 per person

Registrations are due by October 13.

Centreville United Women in Faith

Centreville United Women in Faith (CUWF) is an active community of women with a purpose: connecting and nurturing women so they can inspire, influence, and impact local and global communities.



Monthly Missions

Each month, members of the CUWF donate items to support ministries at CUMC. Watch for details to be announced monthly.

CUWF Circles

CUWF has three circles that meet as small groups.

Fannie Harrison Circle 3rd Monday monthly 11:30 AM for lunch and devotions at a local restaurant Contact: Kitty Stapleton kittystapleton@comcast.net

Felicity Circle 3rd Monday monthly 7:00 PM at members' homes or local restaurants with programs TBD Contact: Carol Engelbrecht caroljane@verizon.net

Morning Glory Circle 3rd Wednesday monthly 10:00 AM at members' homes or at a local restaurant with a devotional Contact: Debbie Fox chattygemini526@aol.com



Holiday Bazaar and Craft Fair Saturday, November 2 9:00 AM-3:00 PM

Enjoy a shopping day at CUMC, with vendors, a silent auction, Grandma's Attic (gently used jewelry),



the Holiday House (gently used decorations for all holidays), a bake sale, and luncheon. To volunteer, contact the Bazaar chair at wolfepatriciam@aol.com.

Contact: Pat Wolfe, Centreville United Women in Faith
President wolfepatriciam@aol.com

Young Adults

Young Adult Meet Ups

Singles and couples*, ages 18-35, are invited to hang out and have fun together. Coordinators: James and Jimmie Pinkowski jkpw12@gmail.com.

Next Up: Lunch & Board Games at Crossroads Tabletop Tavern on Sunday, September 8, at 1:00 PM



Deepening Our Prayer: The Heart of Christ

A 6 Week Bible Study for Young Adults (age 18-35) Sundays 12:30-2:00 PM in Room 216 September 15-October 27 Leader: Garrett Youmans Book Cost: \$10

From the Companions in Christ series, this study is a guided experience of various classic forms and styles of prayer. Discover new dimensions of prayer, try fresh ways of opening to God, and learn what it means to practice the presence of God.

*These events are geared toward adults. Childcare is not currently scheduled for the young adult activities. However, if you need childcare, please let us know, so we can explore this possibility in the future.

Contact: Pastor Geitra Mickelson gmickelson@centreville-umc.org



Youth in grades 7-12 are invited to participate in youth group.

Youth Events

Youth Kickoff

Sunday, September 8 6:30-8:00 PM in Youth Room/ROC It's the start of our youth group season! We will gather for pizza, games, and introductions.

Tacos & Trivia Night

Tuesday, September 24 5:30-7:30 PM

Join a team of other youth to compete against adults at our church-wide Tacos & Trivia Night. Winners get bragging rights and a trophy! See page 8 to sign up.

VA Youth Unite:Impact

Sunday, October 6 4:15-8:15 PM at Arcola UMC

Back by popular demand! We will participate in a multi-church event with over 100 area youth that includes dinner, music, a speaker and games. Meet at CUMC and travel together to and from Arcola UMC. Registration required. \$12 per person

Use this QR code to sign up for any or all of the youth events for this fall.



Contact: Pastor Geitra Mickelson

18 gmickelson@centreville-umc.org

Halloween Party

Sunday, October 27 6:30-8:00 PM

It's time for our annual Halloween party! Includes pizza, games, and some shenanigans.

Youth Group Night

Sunday, November 10 6:30-8:00 PM We will gather for snacks, games, and yes, Bible study!



Grad Care Ministry

Many of our CUMC high school graduates are beginning new experiences either in college, trade schools, the military, or starting a new job! Centreville UMC wants to support our young people with letters, cards, and encouraging prayers. Help us help them stay connected to their church family.

If you have a child who is in college, a trade school, has joined the military, or is starting out in the work world, let us know using this QR code:



IHelp us stay connected with our young people by sending them notes of encouragement throughout the year. Use this QR code to sign up.



Children

Sunday Mornings During Both Worship Services

- Nursery Care (up to 3 years)
- Kids Quest Sunday School (age 3-elementary school)

Third Grade Bibles

Sunday, September 8 During Worship

Third graders are presented with their own Bibles here at CUMC.

It's one of the ways we try to instill a love for God's Word in our children. Let us know if you would like to have your child receive his or her own inscribed Bible by using this OR code.



Bible Exploration - Who's John Wesley?

Saturday, September 14 9:00 AM-Noon

Children in grades 3 and above are invited to wear comfortable clothes, bring their Bibles, and join us as we learn how

God inspired John Wesley and others in what became known as the "Methodist movement" to spread the good news about Jesus throughout the world.



Trunk or Treat

Saturday, October 26 4:30-6:30 PM CUMC invites our community to join us for a fun afternoon of trunk or treating in our church parking lot. There will also be fun carnival games, a family photo area, and milk and cookies from Captain Cookie and the Milkman Food Truck. The Sheriffs Department will also be here offering free fingerprinting and child IDs for all children!



Contact: Joy Rangel, Director of Children's Ministry irangel@centreville-umc.org

Centreville Day School Preschool

Contact: Diane Formica, Preschool Director

Centreville Day School (CDS) is a non-profit, child-focused Christian preschool providing developmentally appropriate experiences designed to foster your child's cognitive, spiritual, social, and

physical growth. CDS is a ministry of CUMC,

serving children ages 2 1/2 to 6.

Tours are available upon request. Schedule a tour by calling the preschool at 571-522-1875 or by sending an email to dayschool@centreville-umc.org. We will be happy to show you around our preschool and answer any questions you may have.

*Registrations will be taken until classes are filled.



Upward Basketball

Registration Begins September 1 Contact: BJ Koubaroulis upward@centreville-umc.org



This program, for children in kindergarten through grade 6, is designed to help youth athletes play with purpose. Upward Sports develops the total athlete in the following four areas: mentally, athletically, spiritually, and socially.

Scout Troop 893

Scout Troop 893, which has a long history at Centreville UMC, includes a Cub Scout Pack, Boys and Girls Scout Troops, and Venturing Crew. These groups serve youth throughout the Centreville, Chantilly, Fairfax, and surrounding areas. For more information on scouting, contact Michael Adere at msadere@yahoo.com.

Missions

To learn more about local missions, scan here.



Grace Ministries

Second Saturday of each month

Providing food, clothing, toys, diapers, housewares, furniture and breakfast to about 150 families in our community.



Volunteers: On Friday afternoon (2:00 - 4:30 PM), set-up the distribution and prepare take-out breakfast Friday afternoon. On Saturday morning, prepare breakfast (6:00 AM), help with registration (bilingual Spanish-English helpful), help with distribution, and clean up on Saturday morning (7:00 - 10:30 AM). Donations of clothing, toys, and household goods are gratefully accepted each month for Grace Ministries.

Centreville Library Food Distribution

Once a month (usually third or fourth Thursday)

CUMC and Korean UMC of Koinonia serve together to provide food for the community from 5:30-6:30 PM, feeding about 150 families.

Volunteers: At various times, pick up food from partner organizations, bag groceries, pack the van, and help distribute at the library.



FACETS Hot Meals Delivery

Third Tuesday of each month CUMC provides a hot dinner meal for over 100 unhoused men, women, and children living in local motels and on the street.

Volunteers: One team prepares and packages the meals (2:00-5:00 PM). A second team delivers the meals to motels and parking lots along Rt 29 in Fairfax (5:00-7:00 PM) where homeless families can come to receive a healthy and warm dinner.

U Feed Others (UFO) Weekend Food Bags

First Sunday of each month between worship services 600 UFO weekend food bags are distributed each month to children at Bull Run and Centre Ridge Elementary Schools who do not have enough to eat on the weekends. Gallon size zip-lock plastic bags are filled with non-perishable, nutritious food items kids will enjoy.

Volunteers: Shop for food, pack the food bags between worship services, and deliver the UFOs to the schools. Individuals can also assemble UFOs at home.



Holiday Food Baskets

CUMC packages 700 food baskets for families in our area for the Thanksgiving, and Christmas holidays. These are distributed in partnership with Western Fairfax Christian Ministries (WFCM).

Volunteers: You can donate canned foods in the fall, make a financial donation to help with purchases of food, help us pack the baskets on Saturday, November 16, and Saturday, December 14, and deliver the baskets to WFCM on November 23 and December 21 for distribution to the families.



New Hope Fellowship Church Partnership

New Hope Fellowship Church is a Fairfax congregation mostly comprised of unhoused persons. They also provide transportation, meals, clothing, shelter, and access to resources through several ministerial partners.

Volunteers: Volunteers help distribute lunch, toiletries, and necessities throughout the year, on a monthly basis. Upcoming dates for CUMC to provide these items for New Hope Fellowship are September 22, October 13 & 27, November 24 and December 22.



English as a Second Language (ESL) Classes

ESL classes teach over 100 adult students from all over the world how to read, write, and communicate in the English language. Classes at five levels from beginning to advanced are offered on Tuesdays and Thursdays in both the morning and evening. Volunteers: Teach an ESL class or sign up to be a substitute teacher. All training is provided. Contact Margaret Welker at mwelker@centreville-umc.org. We especially need one more teacher for our intermediate class on Thursday evenings. Training and support provided

U.S. Citizenship Classes

CUMC is now offering a 12-week preparation course for U.S. citizenship interviews and exams.

Volunteers: Teach a future U.S. citizenship class or sign up to be a substitute teacher. All training is provided. Contact Margaret Welker at mwelker@centreville-umc.org.

Centre Ridge Elementary School Partnership

More than 50% of students at Centre Ridge Elementary quality for free and reduced lunches, and one of the greatest needs for these students is for caring adults who are willing to serve as a mentor. The small time commitment requested could make a significant impact on the life of a student. We also host periodic special events at the school to support the staff and families.

Volunteers: Mentors give 30 minutes once a week throughout the school year to sit with a student at Centre Ridge and ask how they are doing. Mentors are not there to teach or tutor, just to listen and love. To assist with the special events, watch for announcements in our "e-news" weekly email newsletters.

Holistic Haitian Alliance (HHA)

Holistic Haitian Alliance is a Christian organization caring for orphaned children in Northern Haiti, and operating a large school as well. CUMC supports the Kay Anj village school, and in particular its STEM program. We also sponsor a child.

Volunteers: Individual child sponsorships are available. For other opportunities to support HHA, contact: Jeanne Furcron jfurcron@gmail.com

Missionaries We Support

CUMC extends the work of Christ through missionaries we support. Learn more about our missionaries' work on our church website and in our church newsletters.

Ellyn Dubberly

Ellyn serves in Ahuachapán, El Salvador as a United Methodist General Board of Global Ministries missionary, teaching and engaging in leadership development work.



Grace Dennis

Grace serves in Fairfax Virginia at George Mason University as a staff member of Cru Campus Ministry, where she works with college students.



Daniel Mohr

Daniel serves in Vienna, Austria as a United Methodist Global Mission Fellow. He is serving with the Communion of Protestant Churches in Europe (CPCE), helping to coordinate meetings and conferences of European churches and theologians.



Chaddy Ilunga Mutombo

Chaddy serves in Togo as a United Methodist Global Mission Fellow. He is working with children, teaching English and helping to establish a computer repair training program to empower young women in the community.



For more information on our global missions, scan this QR code



Care Ministries

Aging Gracefully

Monday, September 30 at 7:00 PM In Person/Zoom Hybrid. We all want to age gracefully, and we'd like those we love to age gracefully as well. 'Aging Gracefully' is a series of seminars aimed at addressing topics relevant to aging.

Rory Clark of the Legacy Elder Law Center will be discussing what every family should know about estate planning (wills, trusts, medical and durable financial powers of attorney) and how to protect their life savings from long-term care costs.



Prayer Ministry

Our prayer ministry is committed to praying for the needs of the church, community, nation, and world. The ministry also maintains and prays over lists of specific prayer requests of the congregation. To request prayer, fill out a prayer card in the pews or on our website (www.centreville-umc.org).

If you would like to participate in the prayer ministry, contact Bill Mayall at mayallw@aol.com.

Homebound Communion Visitation

Are you or someone you know homebound and would like to receive communion at home?

Holy Communion is part of our community's act of worship. By receiving communion at home, the community's embrace is extended to those who are homebound or unable to attend worship. Contact Pastor Geitra if you would like communion to be brought to you.

If you would like to take communion to someone unable to attend worship, contact Pastor Geitra.

Pastor Geitra's email is gmickelson@centreville-umc.org.

Vaccine Clinic

Sunday, October 13 10:00 AM - 1:00 PM CUMC is hosting a vaccine clinic which is open to the community.

Giant Food Pharmacy will be offering vaccines for flu, Covid, shingles, RSV, pneumonia, and tetanus. The vaccines are covered by most insurance plans, so bring your health insurance card.

Creation Care — Plastic Film Recycling

We continue to recycle plastic film to earn benches through the Trex Recycling Program. We need approximately 340 more

pounds of plastic film by mid November to earn our fourth bench. There are two ways to participate. Bring your plastic film to CUMC and place it in the designated bins. Or weigh it yourself, take a photo of the bag of plastic film, drop it off at your nearest grocery store, and send your weight total to Margaret Welker at mwelker@centreville-umc.org.



Contact: Pastor Geitra Mickelson gmickelson@centreville-umc.org

Serving in Your Church

God asks each of us to serve. When we make ourselves available to do God's work, God can use us to accomplish much to bring God's kingdom to earth. Serving at CUMC is part of your discipleship journey. It is an opportunity to experience God's power to use your availability to be a blessing to others.

Volunteers make ministry possible at Centreville UMC. Every week, many people are needed to work alongside pastors and staff to welcome all who walk into our doors and provide meaningful worship services, teach our kids, youth, and adults, and provide other opportunities for people to connect with each other.

ACTS 2024 (A Community That Serves) is CUMC's full listing of all the ways you can volunteer.

Access the ACTS form here:



Areas of Particular Need

Below and on the following pages are some areas where we are in particular need of volunteers. Use the QR code above to sign up.

Altar Guild

Help care for the ceremonial items used in worship and prepare the sanctuary for services.

A/V Volunteer

You don't have to be a technical expert to help us in A/V support! Be part of a team that helps provide enjoyable worship experiences both in person and online with our livestream. These livestream

services provide an important first glimpse of our church for those people checking us out online.
W Etkins is our new Director of Digital Media and he would love to show you around the AV space.



Children's Ministry Volunteer

Help us nurture the next generation!
Support Children's Ministry by
teaching Kids Quest
at either of our worship services,
serving in the nursery, and/or by
laundering nursery linens.





Coffee Ministry

The coffee ministry is a powerful way to provide a welcoming atmosphere that encourages relationship building. Help provide fresh coffee on Sunday mornings. Training will be provided. Assistance is also needed with cleanup after the second worship service.

Communion Stewards and Servers

Stewards prepare the bread and cup before the worship service and clean up the altar table and serving dishes after the service ends. Servers help to serve Holy Communion during worship.



Funeral Support

Being part of this team is an opportunity to be a blessing to families experiencing one of the most difficult life challenges. This team supports the family's wishes for the planned time of gathering, offering hospitality to the friends and family who attend the service to honor their loved one.

Scripture Readers

Support our worship services by reading scripture during the worship services. You will be given the scriptures ahead of time, to help you become familiar with the verses.



Special Events Planner/Helper

Do you enjoy planning social events and gatherings? Or do you get satisfaction from showing good hospitality to others? Help us plan special events and offer hospitality and assistance for events such as the Women's Retreat, Aging Gracefully seminars, Tacos & Trivia Nights, Pizza with the Pastors, etc. Assistance in planning, decorating, setting up, preparing food, and cleaning up are all appreciated.

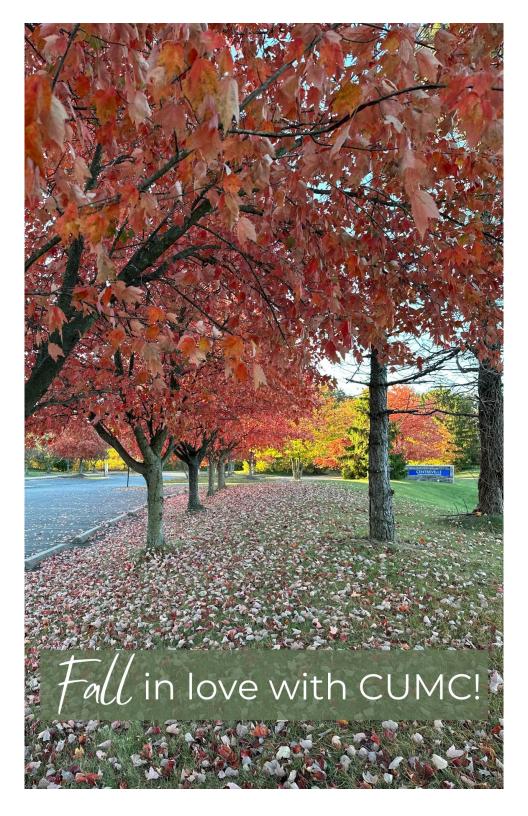


Sunday Morning Welcome Team

Be a part of our welcome team (formerly known as ushers and greeters) and help provide a warm, welcoming atmosphere for all who attend worship. Volunteers are asked to serve about one Sunday a month.



Contact: Cindy Osborn, Office Administrator cosborn@centreville-umc.org





703-830-2684 www.centreville-umc.org